

*Our mission is to inspire and empower our students for a great future,
through an innovative and globally relevant education*

Curriculum Information for Parents – Years 1-6 Term 1B – 2018/19 PE

YEAR GROUP	WHAT WE WILL DO AT SCHOOL	WHAT YOU CAN DO AT HOME
Year 1 <u>Football and Striking/Fielding</u>	<ul style="list-style-type: none"> • Pass the ball to a partner • Control a ball using their feet • Dribble in and out of cones with a ball • Kick a ball towards a target • To explore throwing, catching, rolling, bouncing, fielding and striking skills • To track and field the ball effectively • To apply sending and receiving skills to a competitive environment 	<ul style="list-style-type: none"> • Give your child opportunities to throw and catch a ball • Encourage them to kick a ball towards a given target • Allow them to see Football been played • Throw the ball at different heights and give your child the opportunity to catch or run after it • Start to introduce a racket or bat and see if the child can strike
Year 2 <u>Football and Striking/Fielding</u>	<ul style="list-style-type: none"> • Dribble a football with close control • Use the side of the foot to pass the ball • Kick with control towards a given target such as a goal • Shoot into a given target from different distances • Pass the ball accurately to a partner • To understand the importance of movement and timing in preparation to strike the ball • To develop the ability to hit the ball towards an intended target 	<ul style="list-style-type: none"> • Give them opportunities to watch Football games and discuss the skills used. • Take the opportunity to join the Premier League Soccer club at MIS • Provide opportunities to shoot into a football net • Discuss passing and the correct technique used • Hit a ball towards a designated target • Play simple striking and fielding games
Year 3 <u>Football and Striking/Fielding</u>	<ul style="list-style-type: none"> • Take part in small-sided games • Understand how to keep control of the ball in Basketball and Football • Dribble to given targets moving forward and sideways, always keeping close control of the ball • Shoot with accuracy and power towards given targets • Develop some tactical awareness when playing small sided games • To replicate throwing and catching technique while maintaining control over the ball • To develop the ability to adjust the body in order to catch balls with varying heights 	<ul style="list-style-type: none"> • Research Football skills using Internet or TV • Provide opportunities to use Football skills at home • Allow them to practice passing the ball to each other • Develop shooting technique • Talk about how to evade an opponent when playing in a match • Develop hand/eye coordination by practicing throwing/catching a ball • Play striking/fielding games in a simplified format • Attempt to hit a moving ball with control and the correct technique

<p>Year 4</p> <p><u>Football and Striking/Fielding</u></p>	<ul style="list-style-type: none"> • Develop ball control in a competitive environment • Analyse technique when shooting towards a given target • Look for accuracy and power when shooting from a standing position or on the move • Begin to offer reasons for tactical reasoning in game situations • Develop spatial awareness when taking part in small-sided games • Work on keeping close control of the ball in competitive matches • To demonstrate sending and receiving skills even under pressure • To explore the use throwing and catching when under pressure in a competitive environment • To accurately replicate bowling technique 	<ul style="list-style-type: none"> • Watch examples of both games and discuss the tactical implications • Provide opportunities to further refine ball skills • Offer to chance to develop shooting accuracy • Encourage accuracy when passing towards a stationary or moving target • Develop understanding of fair play • Utilise after school sporting provision at school • Use different items such as ball and throw for distance • Discuss angle ball takes when released • Can you push, over-arm throw, under-arm throw?
<p>Year 5</p> <p><u>Football and Striking/Fielding</u></p>	<ul style="list-style-type: none"> • Develop accuracy when passing • Attempt the lay up in competitive games • Develop spatial awareness and movement off the ball • Shoot at a given target from different distances with increasing accuracy and control • Develop tactical awareness and offer reasons to improve level of performance • To accurately replicate the basic batting action • To understand the importance of movement and timing in preparation to strike the ball • To perform and replicate a combination of striking skills in a competitive situation 	<ul style="list-style-type: none"> • Discuss good examples of play when watching Football • Highlight movement off the ball together when watching a live game • Provide opportunities to perfect accuracy when passing and moving with the ball • Develop shooting technique from different distance • Recognise how sport should be played and discuss winning/losing • Discuss angle ball takes when released • Can you push, over-arm throw, under-arm throw? • Explore different styles • Consider the technique of others and how this may be incorporated into your own performance
<p>Year 6</p> <p><u>Football and Striking/Fielding</u></p>	<ul style="list-style-type: none"> • Highlight good practice and offer ways to improve others performance • Shoot at a given target from different distances with increasing accuracy and control • Develop tactical awareness and lead skills based warm up with other members of the team • To begin to incorporate bowling, batting, fielding tactics to outwit an opponent • To accurately replicate the basic batting grip and action • To understand the importance of movement and timing in preparation to strike the ball 	<ul style="list-style-type: none"> • Discuss good examples of play and tactical awareness when watching Football • Discuss which part of your child's game needs improving and how you might achieve this • Provide opportunities to perfect accuracy when passing and moving with the ball • Develop shooting technique from different distance and angles • Discuss winning/losing and how you might deal with both in a match situation • Explore different styles • Consider the technique of others and how this may be incorporated into your own performance

	<ul style="list-style-type: none">• To develop the ability to hit the ball towards an intended target• To further build confidence in the rules and scoring of kwik cricket	
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